

HOST DEFENCE MECHANISMS

Free secretory component and lactoferrin of human milk inhibit the adhesion of enterotoxigenic *Escherichia coli*

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Summary. The non-immunoglobulin component of human milk responsible for the inhibition of *Escherichia coli* cell adhesion (haemagglutination) mediated by colonisation factor antigen 1 (CFA1) was determined by chromatographic fractionation of human whey proteins with Sephadex G-200, DEAE cellulose and heparin-sepharose. Pure free secretory component (fSC) and pure lactoferrin (Lf) were isolated and both compounds inhibited the haemagglutination induced by *E. coli* CFA1⁺. The lowest concentrations of purified fSC and Lf able to inhibit the haemagglutination induced by *E. coli* strain TR50/3 CFA1⁺ were 0.06 mg/ml and 0.1 mg/ml respectively. Commercially available lactoferrin from human milk and transferrin from human serum, which has a great structural analogy to lactoferrin, also inhibited the haemagglutination. The lowest concentrations of the commercial lactoferrin and transferrin able to inhibit the haemagglutination induced by *E. coli* TR50/3 CFA1⁺ were 0.03 mg/ml and 0.4 mg/ml, respectively. These results indicate that fSC and Lf may be important non-specific defence factors against enterotoxigenic *E. coli* infections.

Introduction

Enterotoxigenic *Escherichia coli* (ETEC) is one of the pathogens isolated most frequently from children with diarrhoea in developing countries.^{1–3} The ability of human ETEC strains to adhere to and colonise the intestinal epithelium is associated with the presence of colonisation factor antigens (CFA) in the bacterial surface.⁴ Several CFAs have been characterised but CFA1 is the one found most frequently in ETEC strains.^{5,6}

Many epidemiological studies of diarrhoea have shown that breast feeding protects infants from intestinal infections.^{7,8} The protective effect of human milk has been attributed to its immunoglobulin content, mainly to secretory immunoglobulin A (sIgA),^{9–11} and to non-specific defence factors such as lactoferrin (Lf), lysozyme, bifidus factor and oligosaccharides.^{9,12–15}

Lf is an 80-kDa glycoprotein, found in high concentrations in human milk,^{12,16} which has been shown to inhibit bacterial growth *in vitro*. This property is ascribed to its iron binding capacity that leads to iron deprivation for the micro-organism.^{12,17,18} It is also known that Lf binds to various microbial pathogens^{19–22} and this binding seems to enhance its

antimicrobial capacity.²³ Moreover, study of the specific binding of Lf to enteropathogenic (EPEC), enterotoxigenic (ETEC), enteroinvasive (EIEC) and enterohaemorrhagic (EHEC) strains of *E. coli* showed that ETEC strains bound more Lf than the other groups of enteropathogens.²⁴

The protective effect of human milk has also been thought to be due to milk components that could act as cell receptor analogues for bacterial adhesins and enterotoxins. As the cell receptors are probably glycoconjugates containing a receptor-specific oligosaccharide moiety,^{25–27} the receptor analogues should be glycoproteins. Indeed, it has been shown that fucosylated oligosaccharides are associated with the inhibition of CFA1- and CFA2-mediated adhesion of ETEC strains²⁶ and inhibit localised adhesion of EPEC strains.⁹

Human milk contains many glycoproteins, some of which are rich in fucosylated oligosaccharides, such as Lf and free secretory component (fSC), which are found in abundance.^{12,16,28–30} The secretory component (SC) mediates the transport of sIgA into external fluids on mucosal epithelial cells, and can be found in secretions both complexed with sIgA (bound SC) or as an uncomplexed 80-kDa glycoprotein called free SC.^{31–33}

This study investigated a possible role for glycoproteins from human milk in the inhibition of the

adhesion (haemagglutination) induced by ETEC CFA1⁺ strains, assaying, step by step, every fraction obtained in the chromatographic fractionation of the milk.

Materials and methods

Breast milk samples

Human milk samples were obtained from the Human Milk Bank of the Hospital Regional da Asa Sul (Brasilia DF). Aliquots of individual frozen samples were taken from at least 10 lactating mothers up to 1 month after delivery and pooled.

Fractionation of human milk

The pooled human milk was diluted with an equal volume of buffer (0.1 M Tris-HCl, pH 7.6, supplemented with 0.5 M NaCl, 1 mM phenylmethane-sulphonyl fluoride, NaN₃ 0.1% and 50 mM ϵ -amino *n*-caproic acid). The mixture was centrifuged at 15000 *g* at 4°C for 1 h to remove lipids and cells. The middle layer was collected, acidified to pH 4.2 with acetic acid 2% and centrifuged at 15000 *g* for 40 min to remove casein. The clear supernatant fluid was removed and its pH was adjusted to neutrality with 0.1 M NaOH. Ammonium sulphate was added to 70% final saturation and the mixture was kept overnight at 4°C. The precipitate which formed was collected by centrifugation, dissolved in the buffer and dialysed overnight at 4°C against the buffer. The sample was then applied to a Sephadex G-200 column equilibrated with the buffer.

Purification of human milk fSC

Purification of fSC from the fractions eluted in the second peak after Sephadex G-200 chromatography was performed as described previously.³⁴ Briefly, the fractions were pooled and dialysed against 0.01 M Tris-HCl, pH 7.6, containing 0.05 M NaCl, and applied to a DEAE cellulose column equilibrated with the same buffer. Free SC is not retained and was eluted by washing the column with the buffer. For further purification, the eluted material was concentrated by adding (NH₄)₂SO₄ to 70% final saturation. The precipitate which formed was collected by centrifugation and subsequently dissolved in and dialysed overnight at 4°C against 0.05 M Tris-HCl, pH 8.0, containing 0.2 M NaCl. This material was then applied to a heparin-sepharose affinity column equilibrated with the same buffer.

Electrophoretic procedures

The protein content of the fractions was measured by the method of Bradford.³⁵

All fractions from the chromatographic procedures were monitored before pooling by SDS-PAGE on

acrylamide 10% gels by the method of Laemmli.³⁶ Fractions from the heparin-sepharose chromatography were concentrated by precipitation with trichloro-acetic acid 10% before electrophoresis. Gels were stained with Coomassie Brilliant Blue G and also with silver.³⁷

Two-dimensional electrophoresis was performed³⁸ and the gels were stained with silver.

Purification of lactoferrin

Purified Lf was obtained either as a co-purification product of the procedure used to obtain fSC, or by a single chromatographic step on a heparin-sepharose column equilibrated with 5 mM Veronal-HCl buffer, pH 7.4, containing 0.05 M NaCl.³⁹ Lf binds more strongly to heparin-sepharose than do the other whey proteins, and it can be eluted from the resin in a pure form with *c.* 0.6 M NaCl.

Inhibition assay

The test system used was agglutination of human group A erythrocytes by ETEC CFA1⁺-mediated adhesion.^{40,41} The ETEC CFA1⁺ strains used were TR 50/3, kindly provided by Dr B. C. Guth, Escola Paulista de Medicina, São Paulo, Brazil and m452-C1 and CD79a provided by Dr J. Blanco, Universidade de Santiago de Compostela, Lugo, Spain. The erythrocytes were collected in sodium citrate and washed three times in saline. The bacterial strains were grown overnight in CFA medium,⁴² harvested, washed two or three times in saline and resuspended in saline to a concentration of 300 Klett units (measured in a Klett-Summerson photo-electric colorimeter fitted with a green filter), equivalent to 1.5×10^9 cfu/ml.

The milk samples or fractions to be analysed were serially diluted in 25 μ l of saline in plastic micro-titration trays (Linbro Chemical Co., Inc., New Haven, CT, USA). To each well, 25 μ l of the bacterial suspension was added and the trays were first incubated for 15 min at room temperature and then kept for 2 h at 4°C. Subsequently, 25 μ l of the washed erythrocytes 3% in saline containing D-mannose 4% were added and the trays were kept for 2 h at 4°C. The haemagglutination pattern observed was graded from – (no agglutination) to + + + + (complete agglutination) and the 50% agglutination reaction was determined by interpolation when needed.

The highest dilution that inhibited 50% of the haemagglutination reaction was considered to be the inhibition titre of the fraction tested.

Reagents

The reagents were from Sigma and the resins from Pharmacia, Uppsala.

Results

Our preliminary studies on adhesion inhibition induced by human milk verified that both the dialysed

precipitate from human whey obtained with ammonium sulphate at 50% saturation, which contains most of the immunoglobulins of the milk,³⁴ and also the supernate, were capable of inhibiting haemagglutination by the ETEC CFA1⁺ strains. By increasing the ammonium sulphate to 70% saturation, the inhibition capacity was detected only in the precipitate. Furthermore, treatment of the precipitate obtained at 50% ammonium sulphate saturation and its supernate with trypsin increased the inhibition titre of both, whereas treatment with sodium metaperiodate decreased or abolished their inhibitory activity (results not shown). These preliminary results led us to the hypothesis that the human milk non-immunoglobulin component responsible for the inhibition was a complexed glycoprotein, because it was precipitated with ammonium sulphate, further activated by trypsin and inactivated by sodium metaperiodate.

The inhibition titre of the whey proteins obtained by precipitation at 70% ammonium sulphate was always > 256 for all the ETEC CFA1⁺ strains tested, whereas the supernate did not inhibit the reaction.

Every fraction obtained from the fractionation of the human milk was tested for its capacity to inhibit haemagglutination induced by *E. coli* CFA1⁺ TR50/3 and was also analysed by SDS-PAGE.

Chromatographic fractionation

A typical profile of human whey proteins eluted from the Sephadex G-200 column is shown in fig. 1. The fractions from the first peak (P1-S), containing mainly sIgA,³⁴ inhibited the haemagglutination induced by the ETEC CFA1⁺, as did the second peak (P2-S), that contained the free secretory component. This chromatographic step was repeated several times and the highest inhibition titres induced by P1-S and P2-S were always similar, varying between 64 and 128. Fractions from P1-S analysed by SDS-PAGE presented a typical profile of sIgA, showing three protein bands corresponding to the SC, heavy chain and light chain, with estimated mol. wts of 79, 57 and 21 kDa respectively (fig. 2, lane 2). The most inhibitory fractions from P2-S showed two main proteins of 79 kDa (corresponding to fSC) and 60 kDa (fig. 2, lane 3). All active fractions with the same electrophoretic pattern were pooled and applied to a DEAE cellulose column. With this procedure, fSC is not retained by the resin and is eluted by washing the column with the starting buffer.³⁴ The proteins bound to the DEAE were eluted by washing the column with the same buffer supplemented with 1 M NaCl. Fig. 3 shows the elution pattern of the pooled fractions from P2-2 in ion exchange chromatography, and the titre of inhibition of some representative fractions. Most of the activity was found in the fractions containing the proteins not retained by the column (P1-D), but a six-fold lower activity was also detected in the fractions containing the proteins that were bound to the DEAE (P2-D). Electrophoretic analyses of the active fractions of

P1-D showed one main protein of *c.* 79 kDa (fig. 2, lane 4). However, when the active fractions were pooled and concentrated with ammonium sulphate at 70% saturation, small amounts of two more proteins of lower mol. wt were also found. This result indicated, as expected, that the main compound of P1-D was a 79-kDa protein which corresponds to fSC.

Because the most prevalent contaminant in the purification of fSC is lactoferrin,³⁴ which has a mol. wt of *c.* 80 kDa, and two-dimensional electrophoresis of the concentrated P1-D fractions showed two proteins of approximately the same mol. wt but with very distinct iso-electric points to be present (fig. 5A), it was thought that Lf was also present with fSC in P1-D. Therefore, the pooled and concentrated fractions of P1-D were applied to a heparin-sepharose column to remove lactoferrin and any other whey proteins basic enough to have affinity to the strongly negatively charged resin. With the procedure used, fSC was not adsorbed by the column and was eluted by washing the

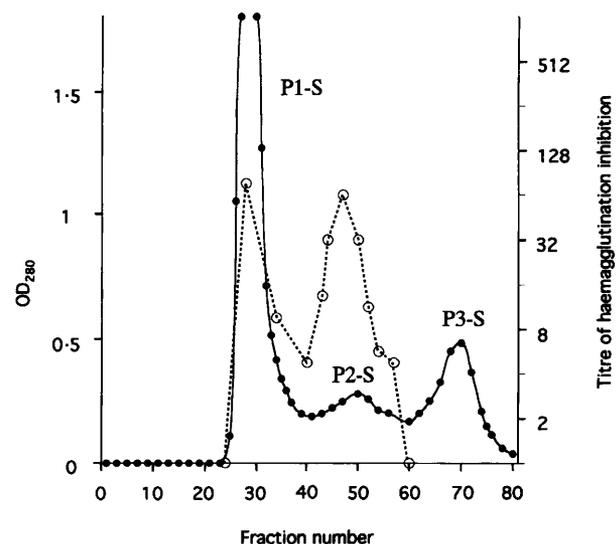


Fig. 1. Chromatography of the human milk proteins on Sephadex G-200 column (2.1 cm × 92 cm). The peaks were monitored at 280 nm (—●—) and eluted with 0.1 M Tris-HCl, pH 7.6; the flow rate was 20 ml/h. Fractions of 5 ml were collected and assayed for inhibition of the haemagglutination (---○---) induced by *E. coli* CFA1⁺ TR50/3.

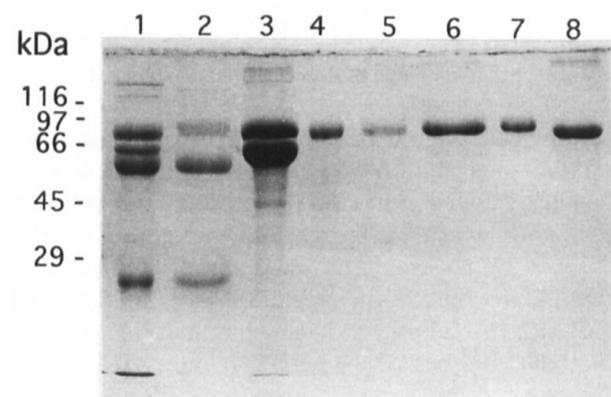


Fig. 2. SDS-PAGE of human milk fractions stained with Coomassie Blue. Lane 1, whey proteins precipitated with ammonium sulphate at 70% saturation; 2, P1-S; 3, P2-S; 4, P1-D; 5, fraction 7 from P1-H; 6, fraction 26 from P2-H; 7, lactoferrin isolated by one-step chromatography; 8, transferrin (Sigma).

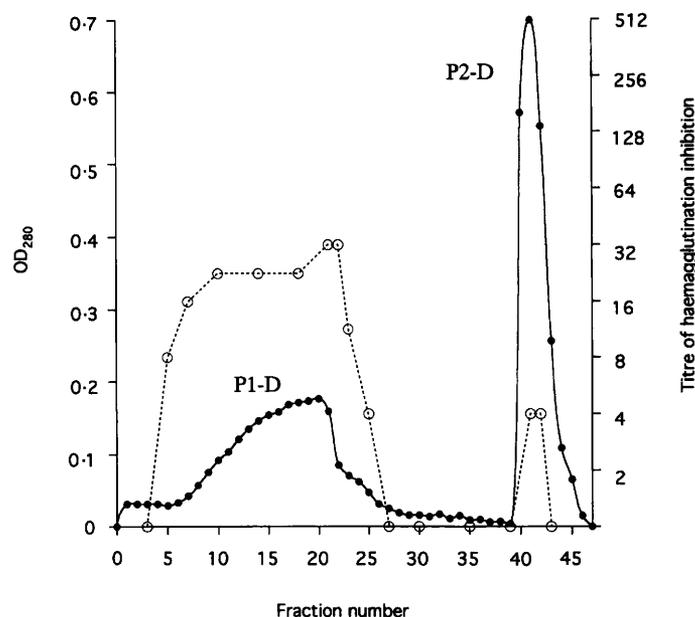


Fig. 3. Chromatography of the pooled fractions from P2-S on DEAE cellulose column (2.1 cm × 25 cm). The peaks were monitored at 280 nm (—●—). The unbound proteins (P1-D) were eluted in 0.01 M Tris-HCl, pH 7.6, with 0.05 M NaCl and the bound proteins (P2-D) were recovered in the same buffer with 1 M NaCl; the flow rate was 36 ml/h. Fractions of 6 ml were collected and assayed for inhibition of the haemagglutination (---○---) induced by *E. coli* CFA1⁺ TR50/3.

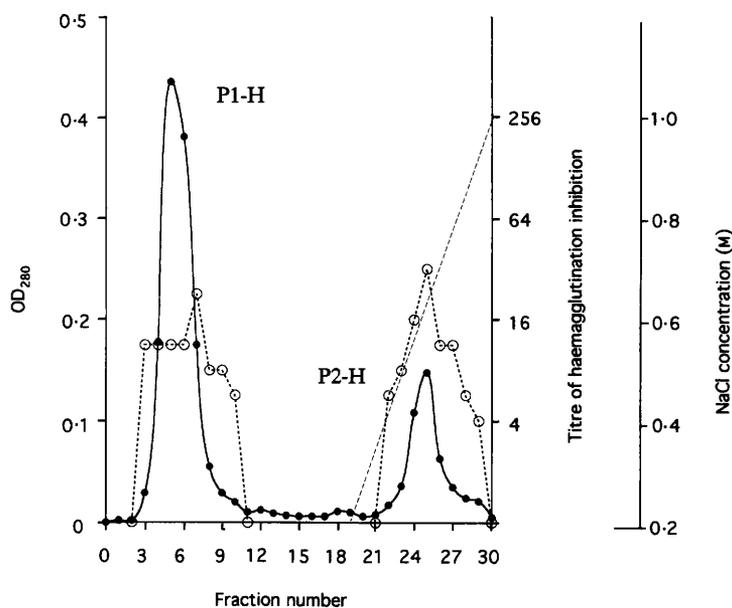


Fig. 4. Chromatography of the pooled and concentrated fractions of P1-D on heparin-sepharose (1.5 cm × 10 cm). The peaks were monitored at 280 nm (—●—). The unbound proteins (P1-H) were eluted in 0.05 M Tris-HCl, pH 8.0, with 0.2 M NaCl and the bound proteins were recovered with an increasing NaCl gradient (0.2 M–1 M) (---) in the same buffer; the flow rate was 9.0 ml/h. Fractions of 2.5 ml were collected and assayed for inhibition of haemagglutination induced by *E. coli* CFA1⁺ TR50/3 (---○---).

column with the starting buffer.³⁴ However, lactoferrin was retained but could be removed with *c.* 0.6 M NaCl.^{34, 39} Fig. 4 shows the chromatographic profile of P1-D on heparin-sepharose and the inhibitory titres induced by the fractions. Both the protein fractions that did not bind to the column (P1-H) and those that did (P2-H) inhibited haemagglutination. Electrophoretic analyses of the active fractions 3–6 showed the presence of a major protein of 79 kDa, corresponding to fSC, and also, in very small amounts (only revealed by silver stain) another protein of lower mol. wt (not shown). However, fractions 7–10 showed only the fSC even when developed with silver stain (fig.

2, lane 5). Similarly, fractions 23–25 showed a major protein of 79 kDa corresponding to lactoferrin and two other smaller proteins that could be visualised only by silver stain, but fractions 26–28 showed only the lactoferrin band (fig. 2, lane 6). These results showed that highly purified fSC and Lf were both able to inhibit the haemagglutination induced by ETEC CFA1⁺ strains.

The purity of the fSC (fraction 7) and Lf (fraction 26) preparations was examined by two-dimensional gel electrophoresis and silver staining (fig. 5B and C). Both fSC and Lf preparations showed the presence of only one protein. The estimated pI ranges of fSC and

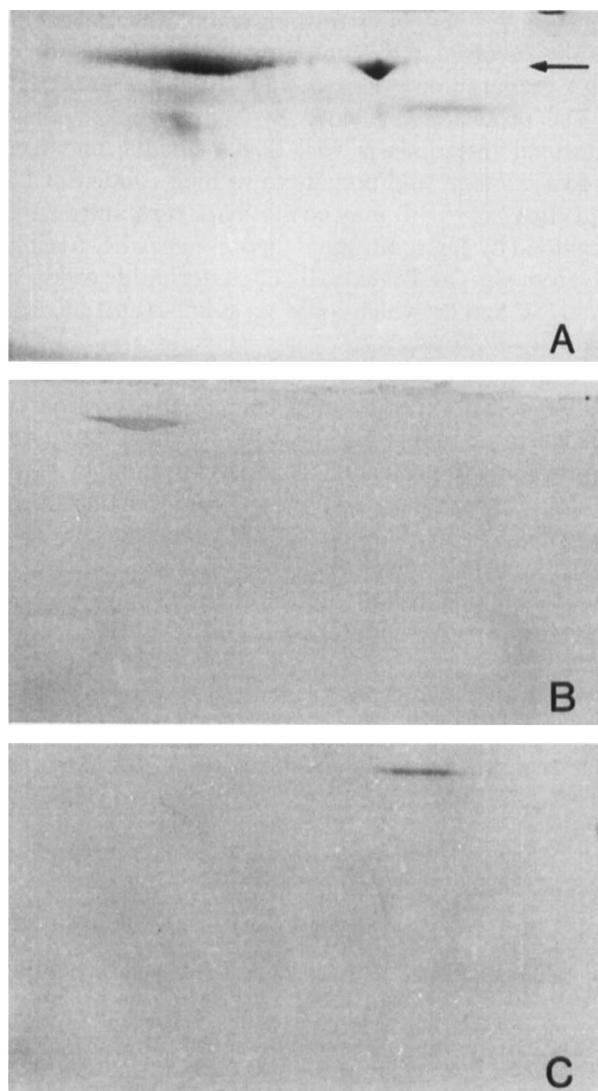


Fig. 5. Two-dimensional electrophoresis of human milk fractions. **A**, pooled and concentrated fractions of P1-D, arrow indicates two proteins of an estimated 79 kDa with distinct iso-electric points; **B**, fraction 26 from P2-H, purified lactoferrin; **C**, fraction 7 from P1-H, purified free secretory component.

Lf were 6.9–7.5 and 7.7–9.3 respectively, which is in good agreement with published values.^{43,44}

The protein concentration of fraction 7 (fSC) was 1.4 mg/ml, and its inhibitory titre was 24. The inhibitory titre of fraction 26 (Lf) was 12, and its protein concentration was 1.2 mg/ml. Therefore, the highest dilutions of fSC and Lf able to inhibit the haemagglutination induced by strain TR50/3 were 0.06 mg/ml and 0.1 mg/ml, respectively.

Lf in pure form and in high yield was also obtained by a single chromatographic step on heparin-sepharose (fig. 2, lane 7). Although this Lf preparation was at least seven times more concentrated than the Lf preparation obtained by multiple chromatographic fractionation, it induced an inhibition titre at least six-fold lower. This may be explained by the differences in the procedures used for the isolation of Lf. In the single chromatographic method, Veronal-HCl buffer was used throughout the procedure, whereas in the multiple chromatographic method Tris-HCl buffer

was used. When the Lf isolated in Veronal buffer was dialysed against Tris-HCl, the inhibition titre of the preparation increased four-fold.

Commercial lactoferrin and transferrin

Commercially available lactoferrin from human milk and transferrin from human serum (which has a great structural analogy to lactoferrin) at 2 mg/ml and 10 mg/ml, respectively, in 0.05 M Tris-HCl, pH 7.6, were also assayed and shown to inhibit haemagglutination by ETEC CFA1⁺ strains. The lowest concentrations of lactoferrin and transferrin able to inhibit haemagglutination by strain TR50/3 were 0.03 mg/ml and 0.4 mg/ml, respectively. These results corroborate our finding that purified preparations of Lf had inhibitory activity and showed that transferrin also inhibited the haemagglutination, but at a higher concentration.

The minimal inhibitory concentration of lactoferrin varied with the CFA1⁺ strain used. The lowest concentration of lactoferrin that inhibited the haemagglutination induced by strain CD79a in our standard assay was 0.062 mg/ml, whereas the highest concentration of lactoferrin used in the assay (1 mg/ml) did not inhibit the haemagglutination induced by strain m452-C1. However, when the inhibition assay was performed with bacterial suspensions adjusted to 150 μ Klett, strains CD79a and m452-C1 were inhibited by 0.02 mg/ml and 0.5 mg/ml, respectively. These results may reflect the differing ability of each strain to express CFA1.

Discussion

This study demonstrated that both fSC and Lf in human milk inhibited adhesion to erythrocytes (haemagglutination) by ETEC CFA1⁺ strains. Human serum transferrin, which has a great structural analogy to Lf,²⁸ also inhibited haemagglutination but at higher concentrations than Lf.

Lf is considered to be an important non-specific defence factor against gastrointestinal infections by its iron-scavenging ability and consequent iron deprivation of micro-organisms.^{12,13,17,18} More recently, specific Lf-binding receptors have been described in several bacterial pathogens.^{19–22} Lf binding to a bacterial surface may damage the outer cell membrane and enhance the antimicrobial activity of Lf.^{23,45} Studying the specific binding of Lf to *E. coli* isolated from human intestinal infection, Naidu *et al.*²⁴ showed that ETEC strains bound significantly more Lf than other pathogenic groups. As we found that Lf also inhibits ETEC adhesion, it may indicate that Lf binds to CFAs which are found only in ETEC strains.

Previous studies^{9,15,26} have established the association between the presence of fucosylated oligosaccharides in human milk and adhesion inhibition of ETEC and EPEC strains to eukaryotic cells. Our findings may support these reports, as the sugar chain

patterns of fSC and Lf are similar and rich in fucosylated oligosaccharide residues.^{28,30} Some of the oligosaccharides found to inhibit bacterial adherence might even be the degradation products of glyco-compounds of the milk, as it is known that human milk contains specific hydrolytic enzymes⁴⁶ and fSC is very sensitive to proteolysis.^{32,34} Furthermore, fucose-containing glycopeptides from Lf were shown to inhibit the adherence of *Shigella flexneri* to intestinal cells.⁴⁷

There is little information about the role of fSC in secretions but some workers suggest that it may have a protective role against diarrhoea.^{48,49} This report showed that fSC inhibited the adherence of ETEC strains *in vitro*, indicating that this compound may be an important non-specific defence factor because it is also found in intestinal secretions,⁵⁰ hence providing protection for the mucous membranes which are the initial target in most infections.

We, as well as other authors,^{9,41} have verified that the immunoglobulin fraction (P1-S) also inhibited bacterial adherence. As the main immunoglobulin in human milk is sIgA and its molecule contains covalently bound SC, the inhibitory effect of sIgA may be partially due to the bound SC. In this context, Lf is a strongly basic protein which has been shown to

interact electrostatically with acidic molecules including sIgA,^{34,51} very often forming complexes, and could also be involved in the inhibition of adhesion by some sIgA preparations.

The protection provided by human milk against intestinal infections is well documented^{7,8} and has been attributed traditionally to its high content of Lf and sIgA.^{9-13,17,18} It may be that both sIgA and Lf are degraded by gastrointestinal digestive enzymes freeing SC from sIgA and eventually oligosaccharide residues from fSC and Lf, which could act as important defence factors.

Despite all the evidence indicating a relevant protective role for the isolated compounds, caution is needed in extrapolating the results obtained *in vitro* to explain the protection conferred by human milk *in vivo*, since it may not reflect the real conditions to which these compounds are submitted in the gastrointestinal tract. Therefore, *in vivo* studies are required to establish the role of Lf and fSC against the adhesive capacity of enteric pathogens.

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